

Tips to occupy your kids

**HINTS TO ASSIST YOU IN PLANNING
AND DOING ACTIVITIES WITH YOUR CHILDREN**

HINTS TO ASSIST YOU IN PLANNING AND DOING ACTIVITIES WITH YOUR CHILDREN

Establish rules



HINTS TO ASSIST YOU IN PLANNING AND DOING ACTIVITIES WITH YOUR CHILDREN

Use eye contact



HINTS TO ASSIST YOU IN PLANNING AND DOING ACTIVITIES WITH YOUR CHILDREN

Give explanations



**HINTS TO ASSIST YOU IN PLANNING AND
DOING ACTIVITIES WITH YOUR CHILDREN**

**Assign simple
household chores**



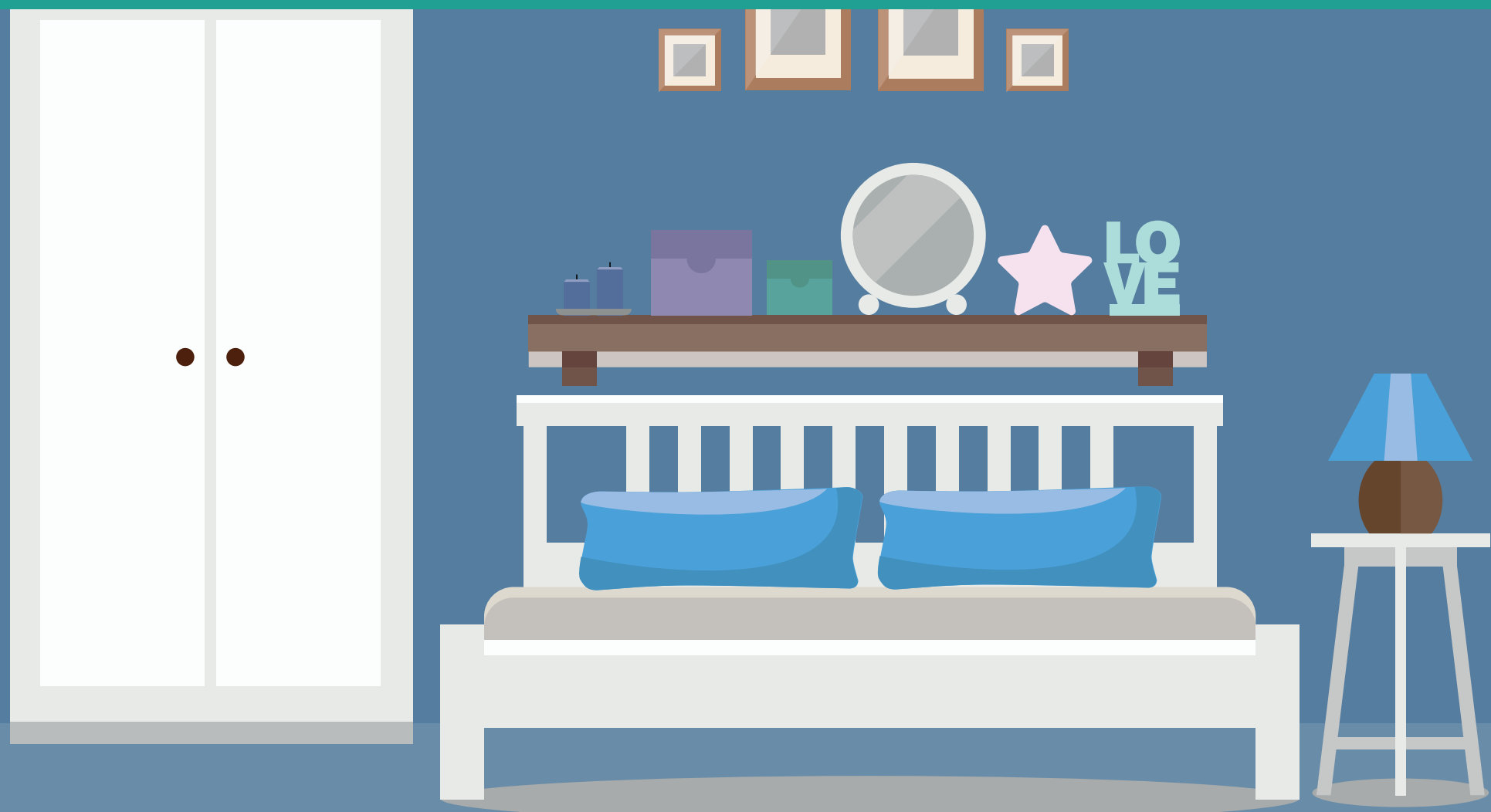
HINTS TO ASSIST YOU IN PLANNING AND DOING ACTIVITIES WITH YOUR CHILDREN

**Praise
your children**



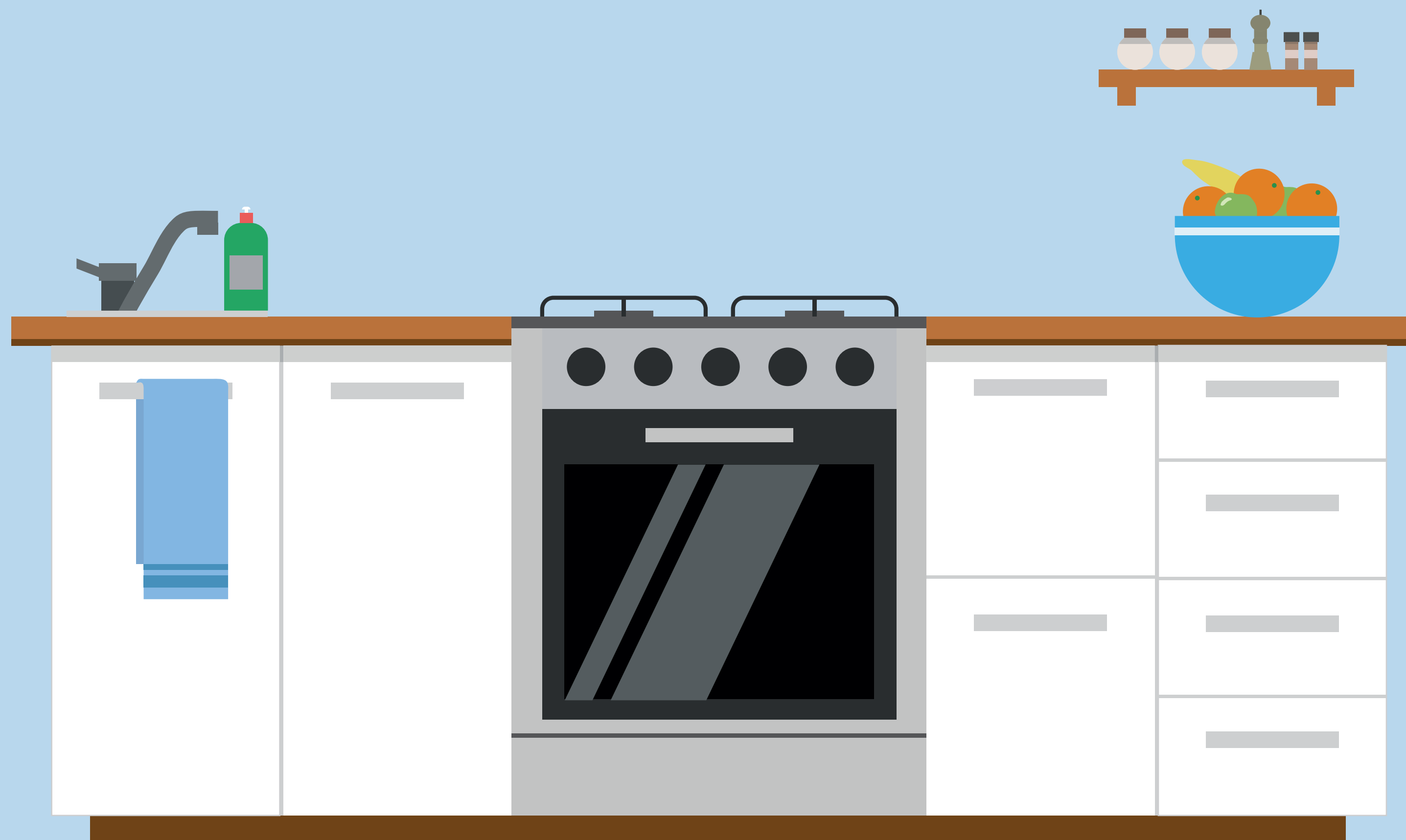


TOGETHER-TIME ACTIVITIES



TOGETHER-TIME ACTIVITIES

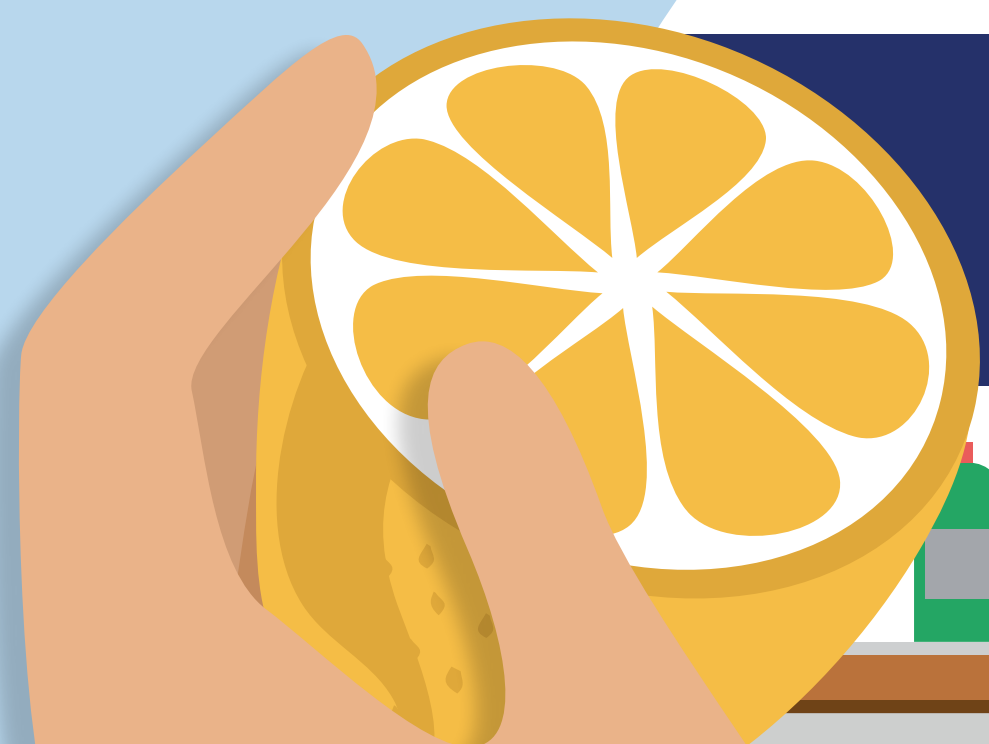
In the Kitchen



TOGETHER-TIME ACTIVITIES

In the Kitchen

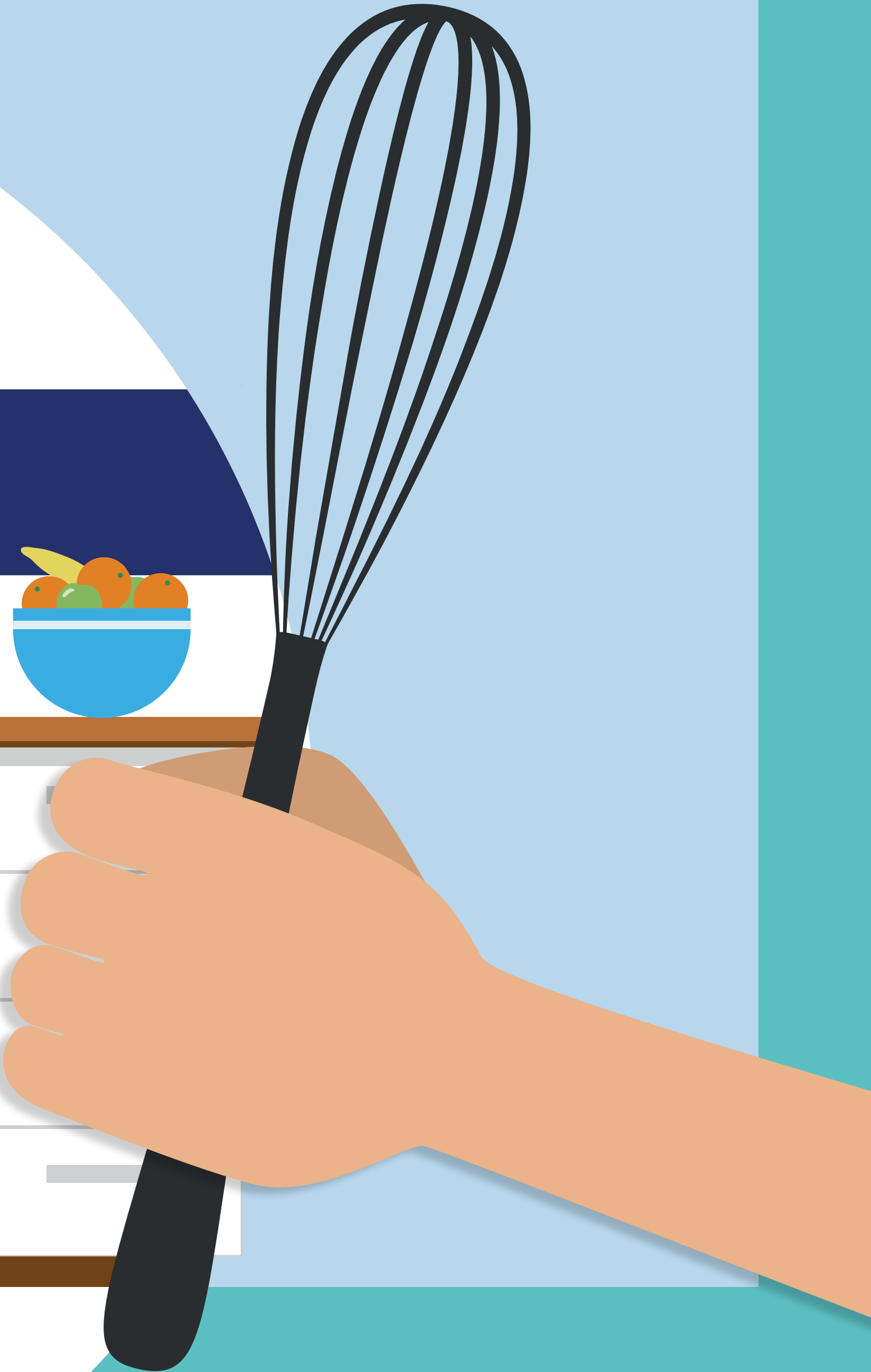
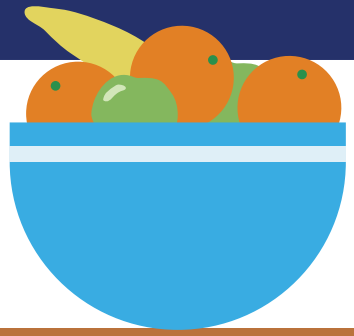
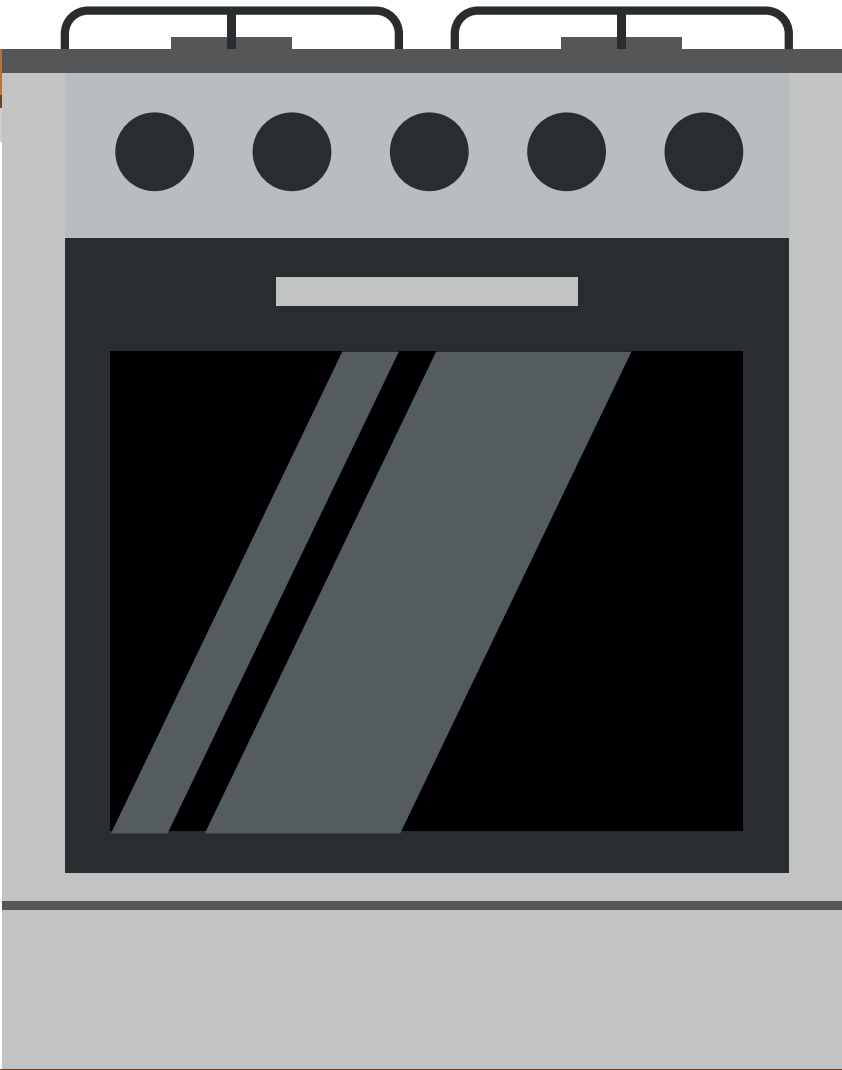
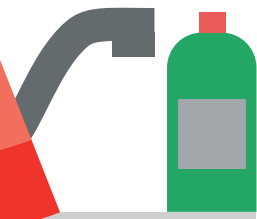
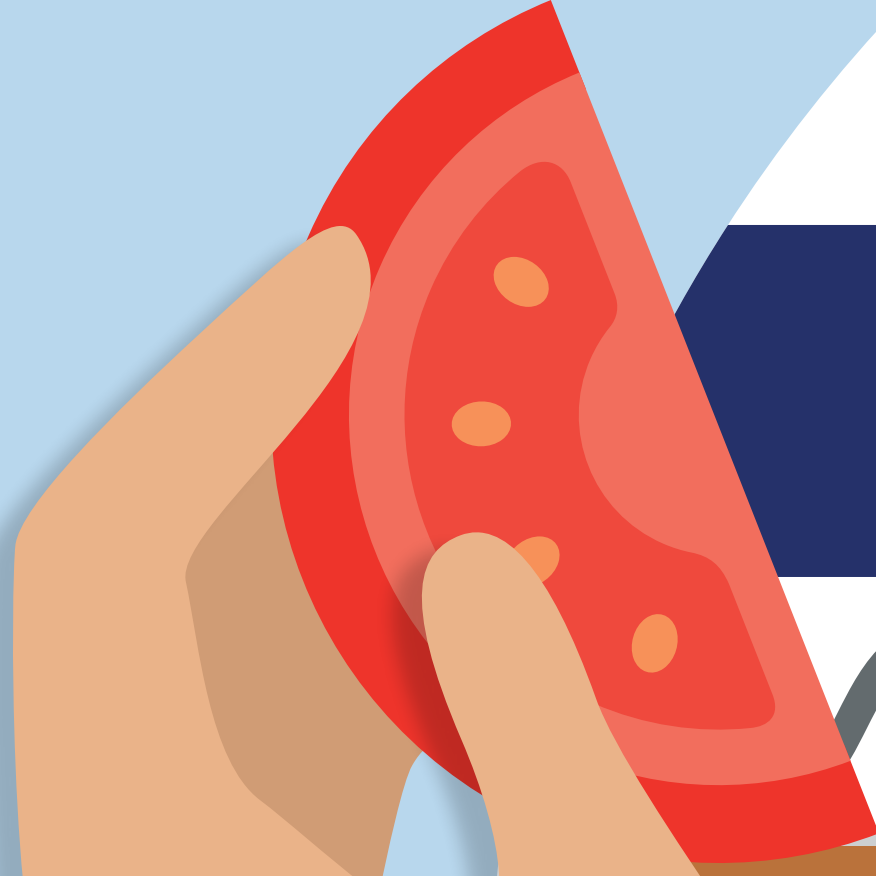
Teach the
differences in foods



TOGETHER-TIME ACTIVITIES

In the Kitchen

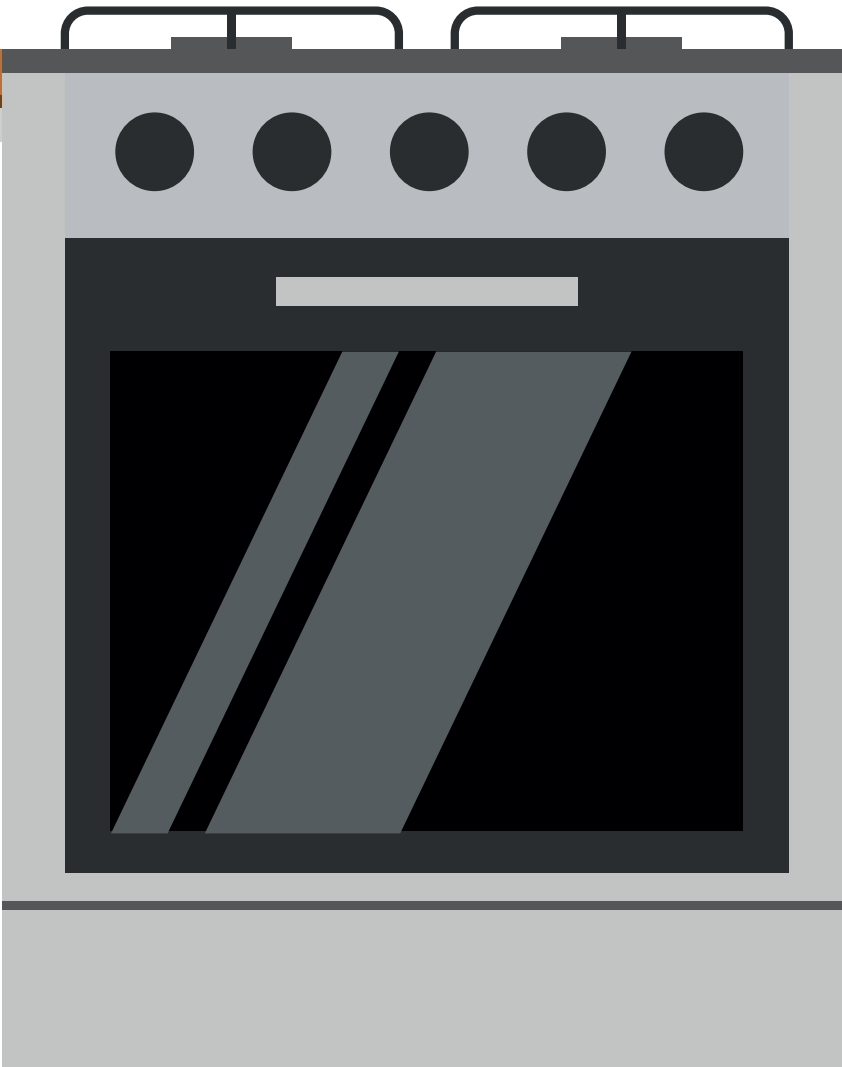
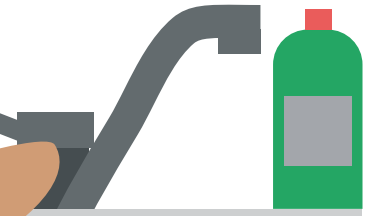
Prepare
meals together



TOGETHER-TIME ACTIVITIES

In the Kitchen

Set the table



TOGETHER-TIME ACTIVITIES

In the Kitchen

Eat as a family



TOGETHER-TIME ACTIVITIES

In the Living Room



TOGETHER-TIME ACTIVITIES

In the Living Room

Do creative activities



TOGETHER-TIME ACTIVITIES

In the Living Room

Show family photographs
and tell family stories



TOGETHER-TIME ACTIVITIES

In the Living Room

Organise video calls
with their friends



TOGETHER-TIME ACTIVITIES

In the Living Room

Play music, dance
or have a karaoke session



TOGETHER-TIME ACTIVITIES

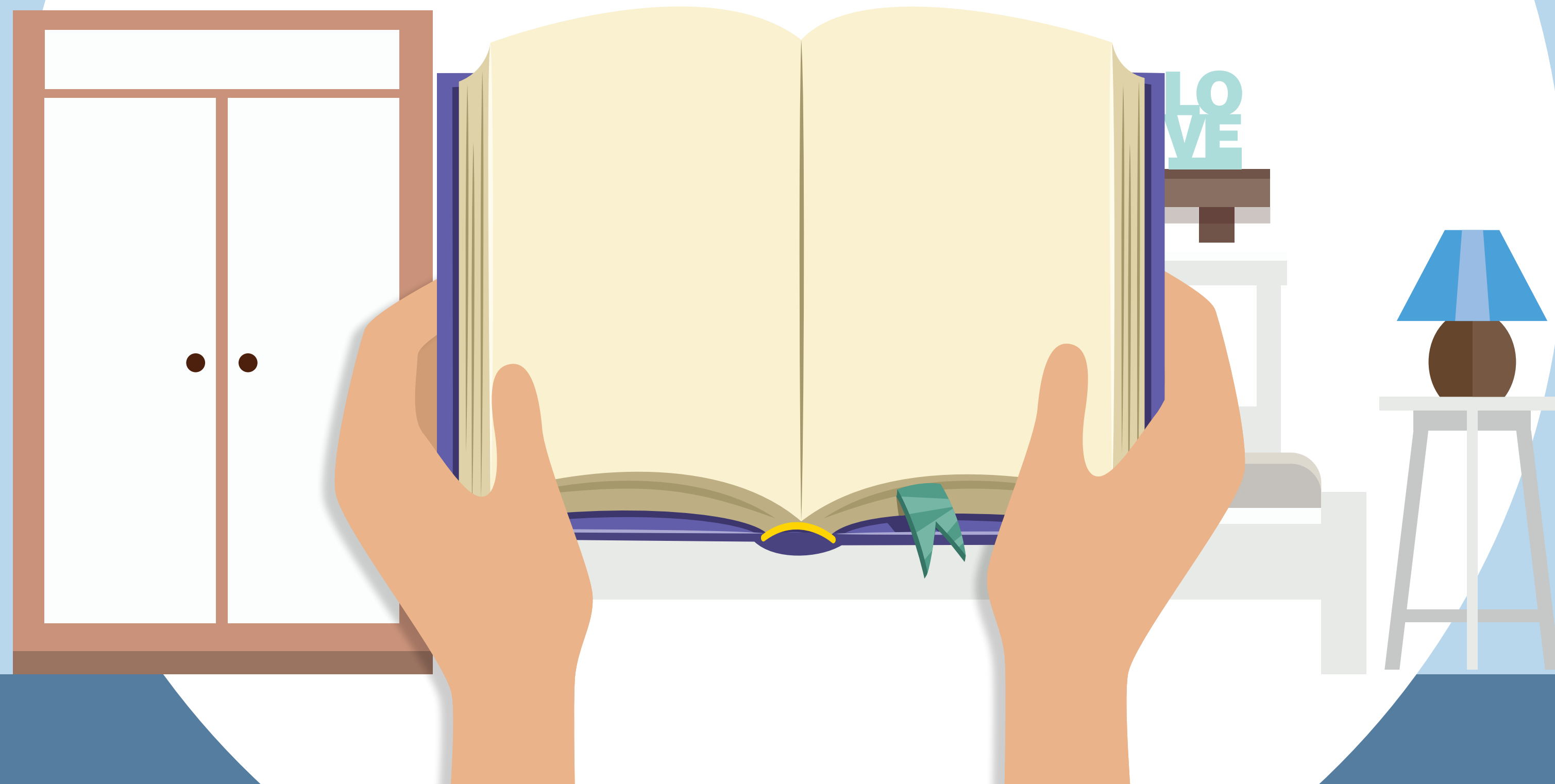
In the Bedroom



TOGETHER-TIME ACTIVITIES

In the Bedroom

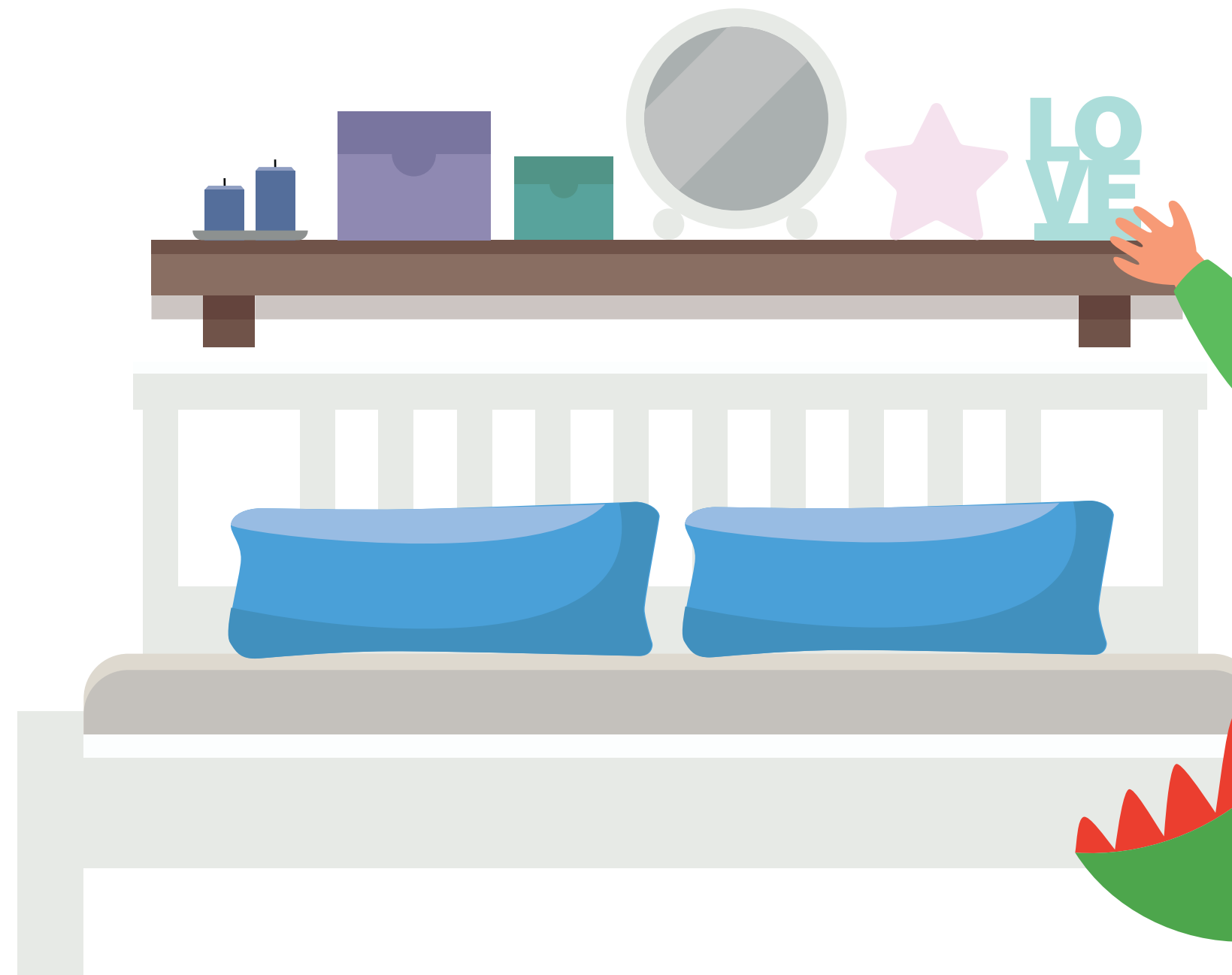
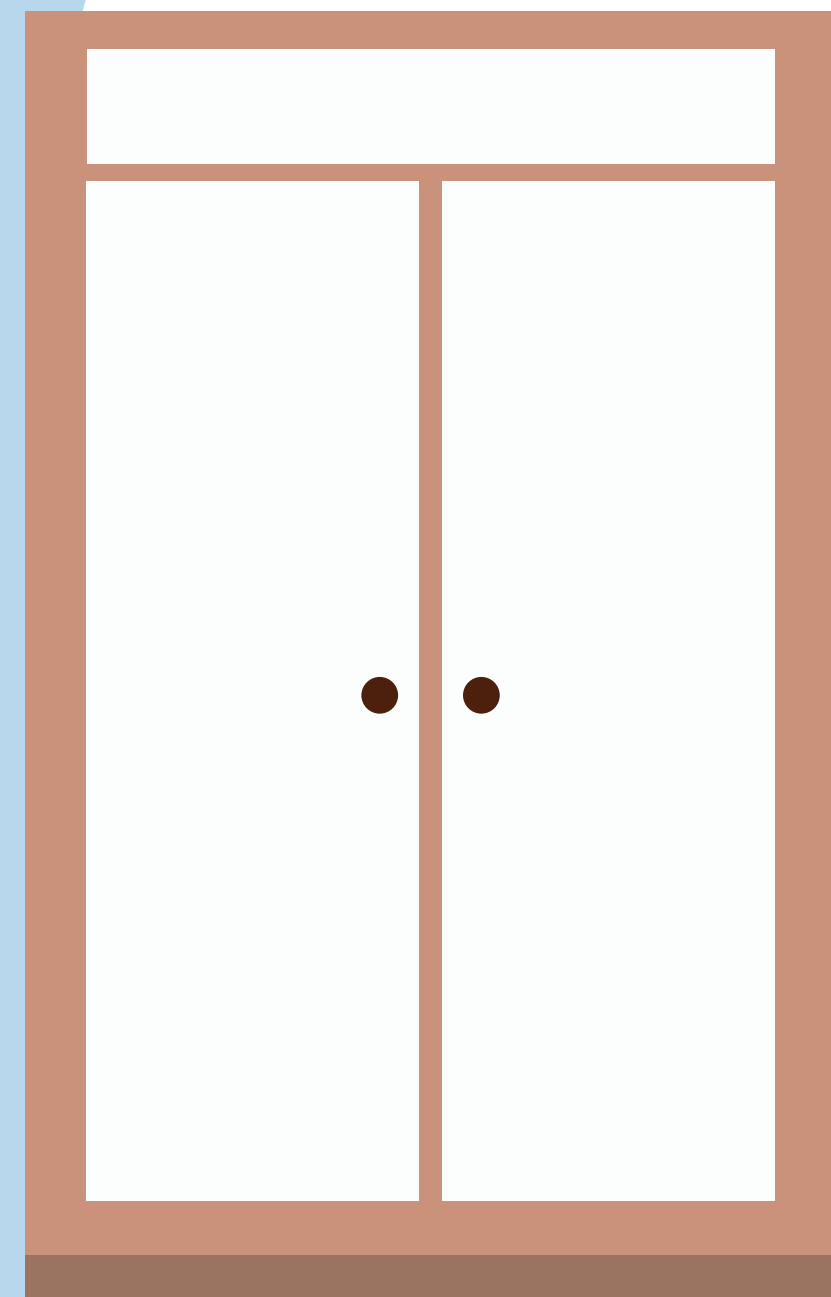
Tell a story or read a book



TOGETHER-TIME ACTIVITIES

In the Bedroom

Dress-up to re-enact stories



TOGETHER-TIME ACTIVITIES

In the Bathroom



TOGETHER-TIME ACTIVITIES

In the Bathroom

Collect and save things to play with in the bathtub

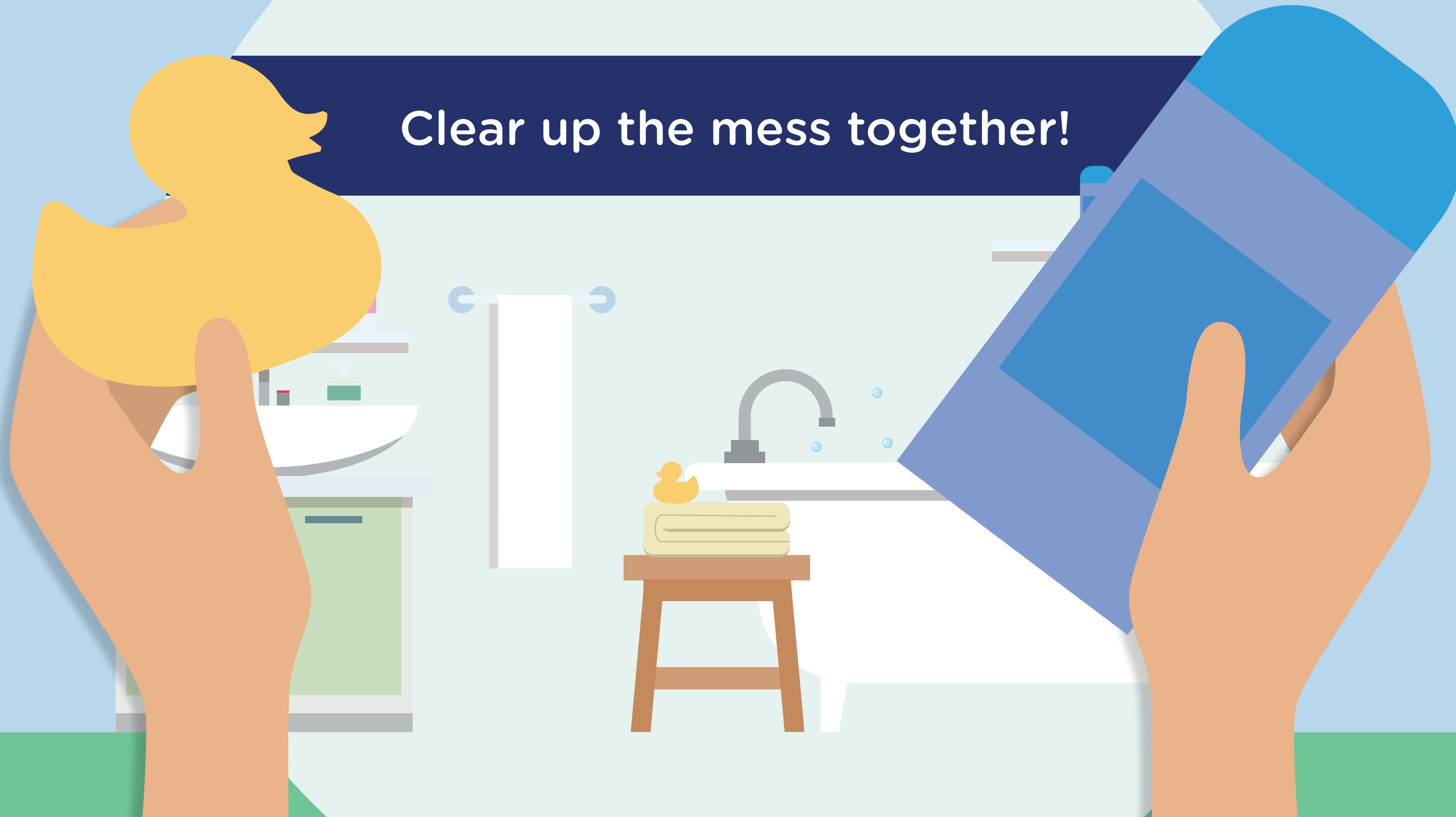
- Make bubble bath animals, hair styles etc.
- Invent games to play in the bath



TOGETHER-TIME ACTIVITIES

In the Bathroom

Clear up the mess together!

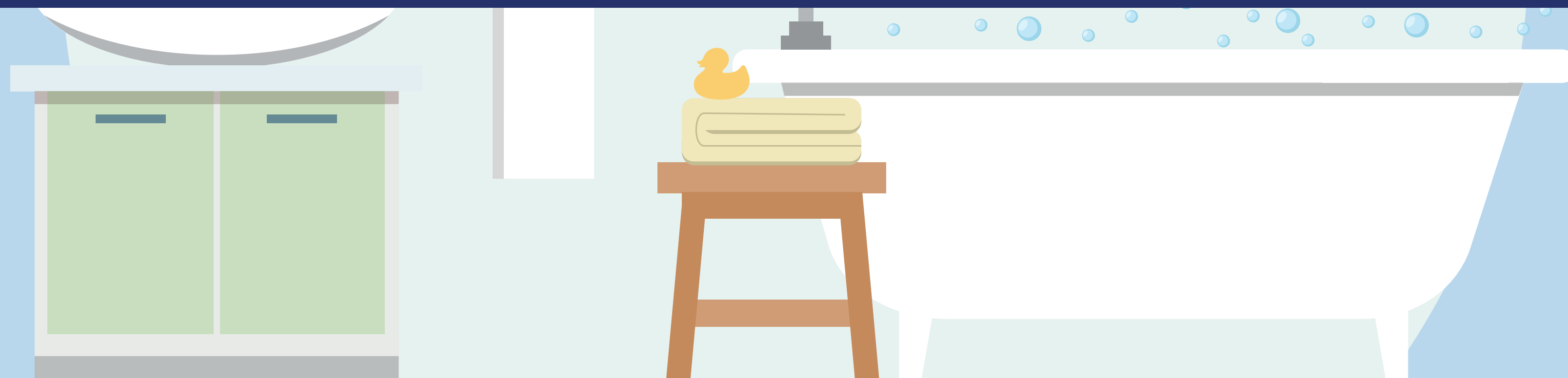


TOGETHER-TIME ACTIVITIES

In the Bathroom

REMEMBER !

Always supervise young children
in the bathroom





Adapted from:

<https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook>